actionaid

Discovery Days!

A day to discover...
THE LIVES OF REFUGEES

Today your child will be learning about refugees – about the various factors that force people to leave their homes, and about the things they may experience before, during and after that difficult journey. It's a sensitive subject, but an important one.

ACTIVITY 1: HOME WORDS

Help your child think of some words related to home. These could be objects, adjectives, feelings or people.

ACTIVITY 2: BUILD A SHELTER

What you'll need: sheets, blankets, clothing, pillows, cushions, as well as chairs, brooms etc. for support.

Many refugees have to make their own improvised shelters from available materials. Work with your child to make one of their own.

ACTIVITY 3: DRAW THE JOURNEY

What you'll need: one or more sheets of paper, drawing and colouring materials, pens and pencils.

This activity charts the journey of an actual refugee – a young girl who had to flee Syria with her family – and asks your child to use their imagination to bring this dangerous trip to life.

ACTIVITY 4: PACK A BAG

What you'll need: A backpack or any other bag your child can fill and carry.

Your child will be asked to think about what items they would want to take if they had to go away on a long trip. Help them think about the difference between things they want and things they need.

Photo: Sharron Lovell/ActionAid

Changing the world with women and girls

Changing the world with women and girls With millions of people around the world being forced from their homes by conflict, persecution, natural disaster, disease epidemics and climate change, ActionAid is doing all we can to respond to this growing humanitarian crisis.

Our supporters enable us to be here to provide short-term relief as well as building long-term resilience within communities. We are particularly focused on protecting women and girls, who are often at increased risk when disaster strikes.

To find out more about how you can help women and girls every month visit us online:

www.actionaid.ie